

2019

MAY



Royal Brock

Retirement Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	01	02	03	04
(AR)Activities Room (SR) Sadler Room (PB)Pub (GH)Grand Hall (G) Gym (TR)Tea Room/Library (TH)Theatre (QR) Quiet Room (PR)Pool Table Room (PD) Private Dining Room			9-12:00 Painting Lessons (SR) 10-12:00 Drawing Lessons (TR) 9:15 Senior Strength Training(AR) 10:30 Crazy Eights (PB) 1:30 Sorry (AR) 3:00 Happy Hour; Brent Ferguson (PB) 6:00 Movie (TH)	10:00 Parkinson Support (PB) No Chair Yoga Today 10:00 Chinese Checkers (AR) 11:00 Church Service (TR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 6:00 Movie (TH)	9:30 Tai Chi with Peter(AR) 10:30 Sip and Sniff (AR) 1:00 Bingo (AR) 2:30 Shuffleboard (PB) 3:00 Happy Hour (PB) 4:30 Book Club Meeting (TR) *First meeting to choose book 6:00 Movie (TH)	09:30 Mexican Train Dominoes (AR) 10:30 Open Door Fellowship Choir; Gospel Music Hymn Sing (TR) 1:00 Yarn Club (GH) 3:30 Multicultural Festival Outing 2:00 and 6:00 Movie (TH)
05	06	07	08	09	10	11
9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 2:00 & 6:00 Movie (TH) 3:05 Blue Jays at Rangers (PB) 6:30 Aggravation (TR) 8:00 Dancing Chef (Ch 10)	9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club WALKS HARDY PARK 3:00 Tea and Trivia (AR) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 10:30 Just for laughs (PB) (Ch 57) 1:15 Mani/Pedi in SPA 2:00 Healing with Art (TH) 4:00 Coffee and Chat (PD) 6:00 Movie (TH) 7:00 Bridge (TR)	9-12:00 Painting Lessons (SR) 9:15 Senior Strength Training(AR) 10-12:00 Drawing Lessons (TR) 10:30 Rummy (AR) 1:15 Intergenerational Visit (TR) 2:00 Tech Lessons (TR) 3:00 Happy Hour; Gary Code (PB) 6:00 Movie (TH)	Library Book Delivery Day 10:00 Baking Club; Blueberry Muffins (TR) NO Chair Yoga Today 11:00 Hymn Sing(TR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 6:00 Movie (TH)	9:30 Tai Chi with Peter(AR) 10:30 Mothers Day Strawberry Social (AR) 1:00 Mothers Day Bingo (AR) 1:30 Therapy Dog visit 2:30 Shuffleboard (PB) 3:00 Happy Hour(PB) 4:30 Book Club Meeting (TR) 6:00 Movie	09:30 Mexican Train Dominoes (AR) 10:00 Sing along (PB) 10:30 Refreshments (PB) 1:00 Yarn Club (GH) 2:00 and 6:00 Movie (TH)
12	13	14	15	16	17	18
Mothers Day 9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 1:00 Mothers Day Bracelet Making 2:00 St. Lawrence Anglican Church Service (Optional Communion) (TR) 2:00 & 6:00 Movie (TH) 6:30 Aggravation (TR) 8:00 Dancing Chef (Ch 10)	Vital Sign Clinic Day 9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club 2:00 Brockville Museum Visit (TH) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 11:00 Movers and Shakers (PB) 12:00 Tim Hortons For Lunch 1:30 Baptist Church Group Afternoon Tea (TR) 1:15 Mani/Pedi in SPA 2:00 Healing with Art (TH) 4:00 Coffee and Chat (PD) 6:00 Movie (TH) 7:00 Bridge (TR)	9-12:00 Painting Lessons (SR) 10-12:00 Drawing Lessons (TR) 9:15 Senior Strength Training(AR) 12-1:30 Tuck Shop in Lobby 1:45 Card Making Lessons with Christine S. (TR) *Sign up Required 3:00 Happy Hour; Herman Amberger 6:00 Movie (TH)	10:30 Chair yoga (AR) 11:00 Church Service (TR) 1:00 Great Waterway Hearing Clinic 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 2:00 Smoothie and Popcorn Movie(TH) 6:00 Movie (TH)	9:30 Tai Chi with Peter(AR) 10:00 Making Centerpieces (PB) 1:00 Bingo (AR) 2:30 Shuffleboard (PB) 3:00 Happy Hour; Richard Loney (PB) 4:30 Book Club Meeting (TR) 6:00 Movie (TH)	09:30 Mexican Train Dominoes (AR) 10:30 Yarn Club (GH) 1:15 Summer Wreath Making ** Sign up Required 2:00 and 6:00 Movie (TH)
19	20	21	22	23	24	25
9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 2:00 & 6:00 Movie (TH) 2:10 Blue Jays at White Sox (PB) 6:30 Aggravation (TR) 8:00 Dancing Chef (Ch 10)	Victoria Day 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club 3:00 Making Birdhouses (Lobby) 6:00 Movie (TH)	9-12:00 Footcare with Lisa Mason 10:00 Exercises with Nellie (AR) 10:30 Just for laughs (PB) (Ch 57) 1:15 Mani/Pedi in SPA 2:00 Healing with Art (TH) 4:00 Coffee and Chat (PD) 6:00 Movie (TH) 7:00 Bridge (TR)	9:15 Senior Strength Training(AR) 10:30 Checkers (TR) 11:00 Garden Group Meeting (PD) 1:30 Brain Teasers (AR) 2:30 Colouring (AR) NO Happy Hour 5:00 Fine Dining 6:00 Entertainment; Sue Baker (TR) 6:00 Movie (TH)	10:30 Chair yoga (AR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 1:30 Allia & Tan Jay Fashion Show 3:00 Cupcake Decorating 5-7:00 Cupcake Sale 6:00 Movie (TH) 7:00 Community Bingo	9:30 Tai Chi with Peter(AR) 10:30 Social Hour in the Garden 1:00 Bingo (AR) 2:30 Shuffleboard (PB) 3:00 Happy Hour & Birthdays 4:30 Book Club Meeting (TR) 6:00 Movie (TH)	09:00 St. John's United Church; Plant, Yard, and Bake Sale Outing 09:30 Mexican Train Dominoes (AR) 1:00 Yarn Club (GH) 2:00 and 6:00 Movie (TH)
26	27	28	29	30	31	01
9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 1:07 Padres at Blue Jays (PB) 2:00 & 6:00 Movie (TH) 6:30 Aggravation (TR) 8:00 Dancing Chef (Ch 10)	10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club WALKS THE TUNNEL 3:00 Euchre (AR) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 1:15 Mani/Pedi in SPA 2:00 Town Hall Meeting (QR) 2:00 Healing with Art (TH) 4:00 Coffee and Chat (PD) 6:00 Movie (TH) 7:00 Bridge (TR)	9:15 Senior Strength Training(AR) 10:30 Checkers (TR) 11:30 Puzzles (AR) 1:00 Sorry (AR) 3:00 Happy Hour; Tom Valiquette(PB) 6:00 Movie (TH)	10:30 Chair yoga (AR) 11:00 Hymn Sing (TR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 3:00 Bridge (TR) 6:00 Movie (TH)	9:30 Tai Chi with Peter(AR) 10:00 Walmart Outing 1:00 Bingo (AR) 2:30 Shuffleboard (PB) 3:00 Happy Hour 4:30 Book Club Meeting (TR) 6:00 Movie (TH)	This month's Brockville Museum Visit will be on Brockville Dance Halls, presented by Peggy Hause.