


2017

JUNE

2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>Royal Brock</h1>						
			31	01	02	03
				10:00 Morning Exercises 10:30 walking group 11:00 Church Service 2:00 Ladder ball in the court yard with Jeremy (if raining in the fitness room)	10:00 Morning Exercises 11:00 Euchre 2:00 Bingo & Happy Hour in the Pub	2:00 Movie & Popcorn in the theatre "Chicago"
04	05	06	07	08	09	10
10:00 Checkers in the Activity Room 2:00 Movie & Popcorn in the theatre "Quartet"	9:30 Swimming at the Y 10:00 Yoga Class 2:00 Manicures 3:00 Coffee/Tea break in the tea room	10:00 Morning Exercises with Nellie 11:00 Estate Planning open to the public in the Sadler room 2:00 Art & Mystic Moments Class in the theatre 3:00 Refreshments	10:00 Yoga Class 11:30 Outing to Hardy Park for a picnic 3:30 Entertainment Richard Loney and Happy hour in the Pub	10:00 Morning Exercises 10:30 walking group 11:00 Wii games with Lauren in the theatre 2:00 Ball toss in the court yard with Jeremy (if raining in the fitness room)	10:00 Yoga Class 11:00 Euchre 2:00 Bingo 3:30 Happy Hour in the Pub	10:00 Morning Exercises with Stacey  2:00 Movie & Popcorn in the theatre "Fever Pitch"
11	12	13	14	15	16	17
11:00 Euchre with Annmarie in the Activity Room 2:00 Movie & Popcorn in the theatre "Away From Her"	9:30 Swimming at the Y 10:00 Yoga Class 11:00 Town Hall Meeting 2:00 Yahtzee 3:00 Coffee/Tea Break in the Tea Room	10:00 Morning Exercises with Nellie 11:00 Shopping Trip to Thousand Islands Mall 1:00 Alzheimers Support Group. All are Welcome 2:00 Art & Mystic Moments Class in the theatre	10:00 Yoga 9:30 Departure for Ganinoque Boat Cruise ( 2 1/2 hour cruise) picnic lunch will be provided 3:30 Happy Hour & Boards Games in the Pub	10:00 Morning Exercises 10:30 walking group 11:00 Wii games with Lauren in the theatre 2:00 Ladder Ball in the court yard with Jeremy (If raining in the fitness room)	10:00 Yoga 11:00 Games in the Court Yard 2:00 Bingo dress up! 5:00 Western Themed dinner (invite a friend!) 6:00 Line Dancing, Happy Hour and a Country & Western Band	2:00 Movie & Popcorn in the theatre "About A Boy"
18	19	20	21	22	23	24
Happy Fathers Day!  11:00 Ladder Ball in the Activity Room 2:00 Movie & Popcorn in the theatre "Mrs. Doubtfire"	9:30 Swimming at the Y 10:00 Yoga Class 11:00 Dominoes 2:00 Manicures 3:00 Coffee/Tea Break in the Tea Room	10:00 Morning Exercises 11:00 1:00 Alzheimers Support Group 2:00 Art & Mystic Moments Class in the theatre	8:00 Refugee Island Breakfast Outing! (see sign up binder for more info) 10:00 Yoga 11:00 Yahtzee (Activity Room) 3:30 James & Jamie Entertain and Happy Hour in the Pub	10:00 Morning Exercises 10:30 walking group 11:00 Wii games with Lauren in the theatre 2:00 Ball toss in the court yard with Jeremy (if raining in the fitness room)	10:00 Morning Exercises 11:00 Euchre 2:00 Bingo 3:00 Entertainment by Mike Meehan & Happy Hour in the Pub	10:00 Exercises with Jenifer 2:00 Movie & Popcorn in the theatre "The Madness of King George"
25	26	27	28	29	30	
10:00 Exercises with Lauren 2:00 Movie & Popcorn in the theatre "Australia"	9:30 Swimming at the Y 10:00 Yoga Class 11:00 Dominoes 3:00 Coffee/Tea Break in the Tea Room	10:00 Morning Exercises 11:00 Euchre 2:00 Art & Mystic Moments Class in the theatre 5:00 Dinner & A Movie Open to the Public. There will be a \$15 fee for non-residents	10:00 Yoga 11:00 Yahtzee (Activity Room) 1:00 departure for Million Dollar Quartet Ganinoque Play House 3:00 Sue Prosser Entertains in the Pub & Happy Hour	10:00 Morning Exercises 10:30 walking group 11:00 Wii games with Lauren in the theatre 2:00 Ball toss in the court yard with Jeremy (if raining in the fitness room)	10:00 Morning Exercises 11:00 Euchre 2:00 Bingo 3:30 Happy Hour in the Pub	