



2017

MAY

2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01 9:30 Swimming at the Y 10:00 Yoga Class 11:00 Falls Prevention Clinic 2:00 Ladder Ball in the Activity Room 3:00 Refreshments 7:00 Resident Cards (tea room)	02 10:00 Morning Exercises with Nellie 1:00 Meet & Greet Marcia 2:00 Art & Mystic Moments Class in the theatre 3:00 Refreshments 7:00 Resident Cards (tea room)	03 10:00 Yoga Class 11:00 Outing to the Casino 2:00 Family Feud 3:30 Happy Hour 7:00 Resident Cards (tea room)	04 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Painting Lessons with MK McDermott in the Sadler Room 3:00 Refreshments 7:00 Resident Cards (tea room)	05 10:00 Morning Exercises with Stacey 11:00 Euchre 2:00 Bingo 5:00 Fine Dining Italian Len Goldfarb Performs 7:00 Resident Cards (tea room)	06 2:00 Movie & Popcorn in the theatre "Walk the Line, the True Story of Johnny Cash" 7:00 Resident Cards
07 10:00 Coffee & Cookies 2:00 Movie & Popcorn in the theatre "ET" 3:00 Refreshments 7:00 Resident Cards (tea room)	08 9:30 Swimming at the Y 10:00 Yoga Class 11:00 Current Events 2:00 Manicures 3:00 Refreshments 7:00 Resident Cards (tea room)	09 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Art & Mystic Moments Class in the theatre 3:00 Refreshments 7:00 Resident Cards (tea room)	10 10:00 Morning Yoga in the Chapel 11:30 Outing to Hardy Park for a picnic 3:30 Happy Hour 7:00 Resident Cards (tea room)	11 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Painting Lessons with MK McDermott in the Sadler Room 3:00 Refreshments 7:00 Resident Cards (tea room)	12 10:00 Morning Exercises with Stacey 1:00 - 4:00 Grand Opening Entertainment by The Marlboroens 7:00 Resident Cards (tea room)	13 2:00 Movie & Popcorn in the theatre "Secretariat" 7:00 Resident Cards
14 10:00 Coffee & Cookies 2:00 Movie & Popcorn in the theatre "Oceans Twelve" 7:00 Resident Cards (tea room)	15 9:30 Swimming at the Y 10:00 Yoga Class 11:00 Ladder Ball 2:00 Yahtzee 3:00 Refreshments 7:00 Resident Cards (tea room)	16 10:00 Morning Exercises with Nellie 1:00 Alzheimers Support Group. All are Welcome 2:00 Art & Mystic Moments Class in the theatre 3:00 Refreshments 7:00 Resident Cards (tea room)	17 10:00 Yoga 11:00 Shopping Trip to Thousand Islands Mall 2:00 Classical Music Matthau Wklinski Happy Hour 7:00 Resident cards (tea room)	18 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Painting Lessons with MK McDermott in the Sadler Room 3:00 Refreshments 7:00 Resident Cards (tea room)	19 10:00 Morning Exercises with Stacey 11:00 Euchre 2:00 Bingo 3:30 Happy Hour in the Pub 7:00 Resident Cards (tea room)	20 2:00 Ice No Slice Performs in the Pub "Me Before You" 7:00 Resident Cards
21 10:00 Coffee & Cookies 2:00 Movie & Popcorn in the theatre "A Beautiful Mind" 7:00 Resident cards (tea room)	22 9:30 Swimming at the Y 10:00 Yoga Class 11:00 Dominoes 2:00 Manicures 3:00 Refreshments 7:00 Resident Cards (tea room)	23 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Art & Mystic Moments Class in the theatre 3:00 Refreshments 7:00 Resident Cards (tea room)	24 9:30 departure for Ganinoque boat cruise 10:00 Yoga Class 2:00 Highway Friends Performs in the Pub Happy Hour 7:00 Resident Cards (tea room)	25 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Painting Lessons with MK McDermott in the Sadler Room 3:00 Refreshments 7:00 Resident Cards (tea room)	26 10:00 Yoga Class 11:00 Euchre 2:00 Bingo 3:30 Happy Hour in the Pub 7:00 Resident Cards (tea room)	27 2:00 Movie & Popcorn in the theatre "Money Ball" 7:00 Resident Cards
28 10:00 Coffee & Cookies 2:00 Dave Rowan Performs in the Pub 7:00 Resident cards (tea room)	29 9:30 Swimming at the Y 10:00 Yoga Class 11:00 Euchre 2:00 Ladder Ball Tournament 7:00 Resident cards (tea room)	30 10:00 Morning Exercises with Nellie 11:00 Euchre 2:00 Art & Mystic Moments Class in the theatre 3:00 Refreshments 7:00 Resident Cards (tea room)	31 10:00 Yoga Class 11:00 Euchre 1:00 Departure to BOOM 2:00 Movie in the theatre 4:00 Happy Hour in the Pub	 Royal Brock		