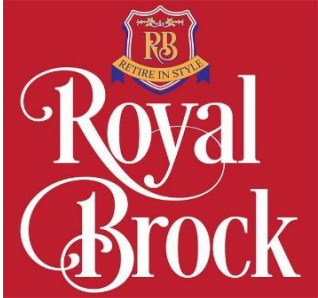


2018

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 (PR) Pool Room (AR) Activity Room (PB) Pub (SR) Sadler Room (TR) Tea Room (TH) Theatre (CH) Chapel	29 	30 	31	01 10:00 Exercises with Nellie (AR) 11:00 Church Service (CH) 1:00 Pool League (PR) 2:00 Bingo (PB)	02 9:30 Tai Chi (AR) 11:00 Bingo (AR) 1:00 Euchre (AR) 3:30 Happy Hour with Herman Amberger (PB) 	03 2:00 & 6:00 Movie in the Theatre
04 2:00 & 6:00 Movie in the Theatre	05 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga Class (CH) 11:00 Pickleball (AR) 1:00 Cribbage (AR) 1:30 Bridge (SR) 2:00 Tea & Trivia (SR)	06 10:00 Exercises with Nellie (AR) 1:15 Manis/Pedis in Spa - please book apt at Reception 2:00 Art & Mystic Moments Class (TH) 3:00 Refreshments (SR) 7:00 Euchre (PB)	07 9:00 - 12:00 Art Lessons (SR) NO CHAIR YOGA TODAY 11:00 Senior Strength Training in the Gym 1:00 Trip to Walmart 3:00 Happy Hour with Murray Haines (PB)	08 10:00 Exercises with Nellie (AR) 11:00 Hymn Sing (TR) 1:00 Pool Club (PR) 2:00 Bingo (PB)	09 9:30 Tai Chi (AR) 11:00 Bingo (AR) 1:00 Euchre (AR) 3:00 Happy Hour & Mini-Putt (PB)	10 10:00 "Paint Night" (AR) 11:00 Euchre (AR) 1:00 Hymn Sing (TR)
11 2:00 & 6:00 Movie in the Theatre	12 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga Class (CH) 11:00 Badminton (AR) 1:00 Cribbage (AR) 1:30 Bridge (SR) 2:00 Pickleball (AR)	13 10:00 Exercises with Nellie (AR) 1:00 Shuffleboard 1:15 Manis/Pedis in Spa - please book apt at Reception 2:00 Art & Mystic Moments Class (TH) 3:00 Refreshments (SR)	14 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga (CH) 11:00 Senior Strength Training in the Gym 3:00 Happy Hour (PB) 5:00 Valentine's Fine Dining with A.J. Benoit at 6 pm	15 10:00 Exercises with Nellie (AR) 11:00 Church Service (CH) 1:00 Pool League (PR) 1:00 Free Hearing Aid Clinic 2:00 Painting Lessons with Wendy James (AR) 2:00 Bingo (PB) NATIONAL FLAG OF CANADA DAY	16 9:30 Tai Chi (AR) 11:00 Bingo (AR) 1:00 Euchre (AR) 3:00 Happy Hour Celebrating Chinese New Year CHINESE NEW YEAR	17 2:00 & 6:00 Movie in the Theatre Roald Dahl's WILLY WONKA - Brockville Arts Centre at 2 PM - LEAVING AT 12:30 PM
18 2:00 & 6:00 Movie in the Theatre	19 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga Class (CH) 1:00 Cribbage (AR) 1:30 Bridge (SR) 2:00 Tea & Trivia (SR) FAMILY DAY	20 10:00 Exercises with Nellie (AR) 1:15 Manis/Pedis in Spa - please book apt at Reception 2:00 Art & Mystic Moments Class (TH) 3:00 Refreshments (AR) 7:00 Euchre (PB)	21 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga Class (CH) 10:00 Trip to Winners/Dollarama 11:00 Senior Strength Training the Gym 1:00 Town Hall (AR) 3:00 Happy Hour (PB)	22 10:00 Exercises with Nellie (AR) 11:00 Hymn Sing (TR) 1:00 Pool League (PR) 2:00 Painting Lessons with Wendy James (AR) 2:00 Bingo (PB)	23 9:30 Tai Chi (AR) 11:00 Bingo (AR) 1:00 Euchre (AR) 3:00 Happy Hour with Len Goldfarb (PB)	24 2:00 & 6:00 Movie in the Theatre
25 2:00 & 6:00 Movie in the Theatre	26 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga Class (CH) 1:00 Cribbage (AR) 1:30 Bridge (SR) 2:00 Volleyball (AR)	27 10:00 Exercises with Nellie 1:00 Shuffleboard 1:15 Manis/Pedis in Spa - please book apt at Reception 1 - 4 Free Osteoporosis Clinic 2:00 Art & Mystic Moments in the Theatre 3:00 Refreshments (SR)	28 9:00 - 12:00 Art Lessons (SR) 10:00 Chair Yoga (CH) 11:00 Tlm Hortons for Lunch 11:00 Senior Strength Training in the Gym 3:00 Happy Hour & Mini Putt (PB) 5:00 Dinner & A Movie	01 	02 	03 

Wednesdays to Mondays there is a movie playing at 2 & 6 pm in the theatre.

On Tuesdays there is ONLY a movie at 6 pm!