

2019

APRIL



Royal Brock

Retirement Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	01	02	03	04	05	06
(AR)Activities Room (SR) Sadler Room (PB)Pub (GH)Grand Hall (G) Gym (TR)Tea Room/Library (TH)Theatre (QR) Quiet Room (PR)Pool Table Room (PD) Private Dining Room	April Fools Day 9:00 Jokes available at Reception 9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 "The Laughing Game" (PB) 1:30 Walking Club 3:00 Chinese Checkers (AR) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 1:15 Mani/Pedi in SPA 2:00 Healing with Art (TH) 4:00 Listening Ear (GH) 6:00 Movie (TH)	National Find a Rainbow Day 9-12:00 Painting Lessons (SR) 10-12:00 Drawing Lessons (TR) 10:00 Chair yoga (AR) 11:00 Rainbow Treasure Hunt 1:00 Wheel of Fortune (AR) 3:00 Happy Hour (PB) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 10-12:00 Lost and Found (GH) 11:00 Church Service (TR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) No Movie Today (Guest Dinner and Movie by Reservation) Unclaimed Lost and Found Items will be DONATED at End of Day!	9:30 Tai Chi with Peter(AR) 10:30 Wal-Mart Outing 1:00 Bingo (AR) 3:00 Happy Hour with Dave Rowan (PB) 6:00 Movie (TH)	09:30 Mexican Train Dominoes (AR) 10:30 Gospel Music Hymn Sing, by Open Door Fellowship Choir 1:30 Abstract Art (AR) 2:00 Sing-a-long (PB) 2:00 and 6:00 Movie (TH)
07	08	09	10	11	12	13
9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 1:10 PM Blue Jays at Cleveland (PB) 2:00 & 6:00 Movie (TH) 6:30 Aggravation (TR)	Vital Signs Clinic Day 9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club 2:00 Brockville Museum (TH) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 11:00 Movers and Shakers (PB) 1:00 Gardening Group <i>1st Meeting</i> (PD) 1:15 Mani/Pedi in SPA 2:00 Healing with Art (TH) 3:00 Colouring (AR) 4:00 Listening Ear (GH) 6:00 Movie (TH)	9-12:00 Painting Lessons (SR) 10-12:00 Drawing Lessons (TR) 10:00 Chair yoga (AR) 11:00 Easter Card Making (PB) 1-2:30 Tuck Shop Visits Lobby 3:00 Happy Hour with Jimmy Leroux (PB) 6:00 Movie (TH)	Library Book Delivery Day 10:00 Exercises with Nellie (AR) 10:30 Downtown Dollarstore Shopping 11:00 Hymn Sing (TR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 6:00 Movie (TH)	National Grilled Cheese Sandwich Day 9:30 Tai Chi with Peter(AR) 10:30 Scrapbooking (AR) 1:00 Bingo (AR) 3:00 Happy Hour (PB) 6:00 Movie (TH) 6:30 Bridge (AR)	National Scrabble Day 09:30 Mexican Train Dominoes (AR) 10:00 Scrabble (AR) 1:30 Piano with Mathew Wiklinski 2:00 and 6:00 Movie (TH)
14	15	16	17	18	19	20
9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 1:07 Tampa Bay at Blue Jays (PB) 2:00 St. Lawrence Anglican Church Service with optional communion 2:00 & 6:00 Movie (TH) 6:30 Aggravation (TR)	9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club 3:00 Chinese Checkers (AR) 6:00 Movie (TH)	9-12:00 Footcare with Lisa Mason 10:00 Exercises with Nellie (AR) 1:15 Mani/Pedi in SPA 2:00 Healing with Art (TH) 2:00 St. Lawrence Entertainers Choir Performance (TR) 4:00 Listening Ear (GH) 6:00 Movie (TH)	National Cheese Ball Day 9-12:00 Painting & Drawing Lessons 9:15 Strength Training (AR) *New 10:00 Chair yoga (AR) 11:00 Euchre (PB) 1:15 Making Easter Centerpieces (PB) 3:00 Happy Hour (PB) 6:00 Movie (TH) 6:30 Game Night (PB)	10:00 Exercises with Nellie (AR) 10-12:00 Rummage Swap (GH) 11:00 Church Service (TR) 1-3:00 Great waterway hearing (DR office) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 2:00 Therapy Dog Visit (GH) 6:00 Movie (TH) *Remaining items will be DONATED	Good Friday & Passover Begins 9:30 Tai Chi with Peter(AR) 9:45 Decorating Easter Eggs (TR) 11:00 Easter Egg Hunt! (Start in Lobby) 1:00 Easter Bingo (AR) 3:00 Happy Hour with Annie Francois (PB) 6:00 Movie (TH)	09:30 Mexican Train Dominoes (AR) 10:30 Making Pom-Pom Chicks (PB) 2:00 The Upside; Brockville Arts centre (Min 4 Persons) 2:00 and 6:00 Movie (TH)
21	22	23	24	25	26	27
Easter Sunday 9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 2:00 & 6:00 Movie (TH) 4:07 Blue Jays at Oakland (PB) 5:00 Easter Sunday Fine Dining 6:30 Aggravation (TR)	Easter Monday & Earth Day 9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 1:30 Easter Tea (AR) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 11:00 Gardening Group (PD) 1:15 Mani/Pedi in SPA 1:00 Caregiver Support Meeting (AR) 2:00 Healing with Art (TH) 3:00 Colouring (PB) 4:00 Listening Ear (GH) 6:00 Movie (TH)	9-12:00 Painting & Drawing Lessons 9:15 Strength Training (AR) *New 10:00 Chair yoga (AR) 11:00 Rummy (PB) No Happy Hour 5:00 Dinner and Entertainment at 6:00 Scott Primeau (TR) 6:00 Movie (TH)	National Zucchini Bread Day 10:00 Exercises with Nellie (AR) 10:15 Zucchini Bread making (TR) 1:00 Pool League (PR) 1:00 Painting with Wendy (TR) 6:00 Movie (TH)	9:30 Tai Chi with Peter(AR) 10:00 "Sorry" (PB) 1:15 Bingo (AR) 3:00 Happy Hour and Birthdays 4:00 Gananoque Casino Outing (Min. 10 person- Max 16) 6:00 Movie (TH)	09:30 Mexican Train Dominoes (AR) 2:00 and 6:00 Movie (TH)
28	29	30	01	02	03	04
9:00 Coffee and News (TR) 11:00 Weekend Word-Find at Reception 1:07 Oakland at Blue Jays (PB) 2:00 & 6:00 Movie (TH) 6:30 Aggravation (TR)	9-12:00 Painting Lessons (SR) 10:00 Chair Yoga (AR) 11:00 Bingo (AR) 1:00 Betty's Bridge Group (TR) 1:30 Walking Club 3:00 Chinese Checkers (AR) 6:00 Movie (TH)	10:00 Exercises with Nellie (AR) 1:15 Mani/Pedi in SPA 2:00 Town Hall Meeting (QR) 2:00 Healing with Art (TH) 4:00 Listening Ear (GH) 6:00 Movie (TH)				